



www.bsac.org.uk





Antimicrobial Stewardship in the UK

Professor Philip HOWARD OBE

NHS England & NHS Improvement Regional Antimicrobial Stewardship Lead for North-East & Yorkshire

Vice President BSAC

philip.howard2@nhs.net

@AntibioticLeeds



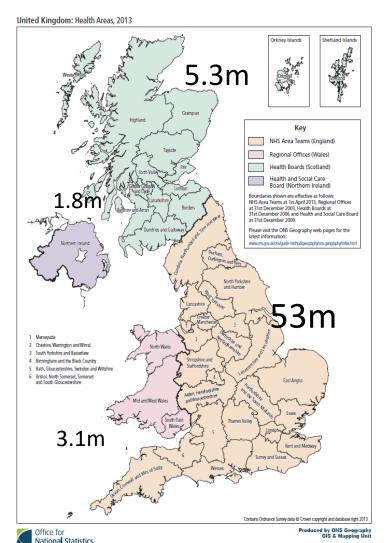


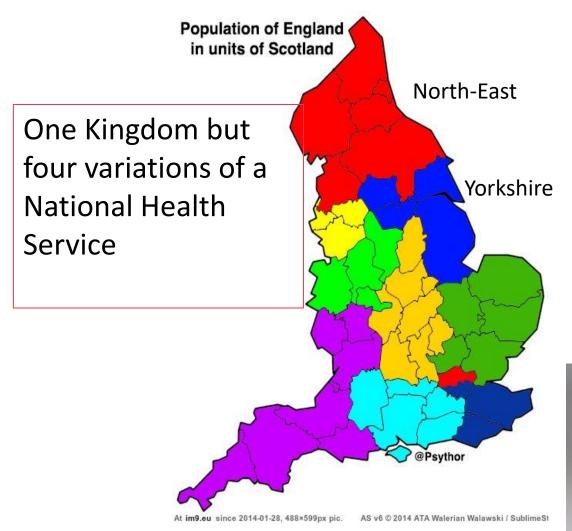




United Kingdom of

England, Scotland, Wales & Northern Ireland





NHS England (pre 2013): national AMS guidance but no antimicrobials usage or resistance data in hospitals



- Informal regional networks of:
 - Medical microbiologists and infectious diseases
 - Antimicrobial pharmacists in hospitals
- National AMS guidelines (Nov-2011) for hospitals: "Start Smart then Focus" and community: TARGET.
- No AMR information or usage data available at national level in hospitals, but available in community
 - Local information only for hospitals
- HCAI performance based around *C.difficile* and MRSA bacteraemia reduction
- Antimicrobial Stewardship for Acute Trust (ASAT -AMS for Acute Trusts) tool to measure performance
- Commissioners / external assurance agencies (CQC/TDA/Monitor) could re see AMS programme and results.

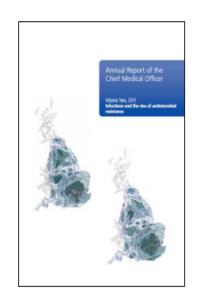


2013: 1st UK 5 year AMR Strategy



'One Health'

CMO Annual Report 2011*



*published: March 2013









Strategic aims

- Improve the knowledge and understanding of AMR
- Conserve and steward the effectiveness of existing treatments
- Stimulate the development of new antibiotics, diagnostics and novel therapies





UK 5year AMR Strategy: 7 key areas for action



DH – High Level Steering Group

PHE Human health Defra
Animal health

- Optimising prescribing practice
- Improving infection prevention and control
- Improving professional education, training and public engagement
- Better access to and use of surveillance data

DH

- Improving the evidence base through research
- Developing new drugs, vaccines and other diagnostics and treatments
- Strengthening UK and international collaboration



Improved antimicrobial stewardship



- Few NICE infection guidelines covering hospitals & primary care, but now AMS guidelines & quality standards for all
- NICE AMS: <u>processes & systems</u> guideline & standards (NG15 & QS121) embedded in all sectors
- NICE AMS: <u>changing risk related behaviour in general</u> <u>population</u> (NG63) includes AB use, self-care & IPC
- Jul-17, NICE rapid infection guidelines for all sectors
- AMS now included in Health & Social Care Act 2008 IPC Code of Practice. All healthcare providers are registered by CQC against this Act



NICE AMS Structure & Governance

Mandated in NHS Contract (NICE NG15 AMS) & H&SC Act 2008 IPC Code of Practice (2015)

Accountability at hospital executive / board level

Drug & Therapeutics, IPC & AMS teams

Dedicated AMS resource

 core team of Infectious Diseases or micro doctor and clinical pharmacist

AMS Committee

- Core team (above)
- Acute care physician, surgeon
- Senior pharmacist, anaesthetist, paediatrician, senior nurse
- primary care rep (whole health economy approach).
- Lead IPC Dr & Nurse, Sepsis lead

CORE

FORMULARY RESTRICTION WITH RE-AUTHORISATION OF NAMED ANTI-INFECTIVES

PROSPECTIVE AUDIT WITH
INTERVENTION AND FEEDBACK
MULTIDISCIPLINARY AMS TEAM
GUIDELINE DEVELOPMENT

ADDITIONAL

DE-ESCALATION OF THERAPY BASED ON CULTURE RESULTS

DOSE OPTIMISATION

IV TO PO SWITCH

EDUCATION

ANTIMICROBIAL ORDER FORMS

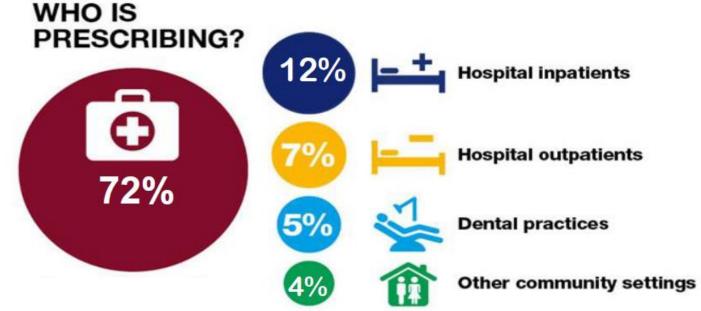
ANTIMICROBIAL CYCLING

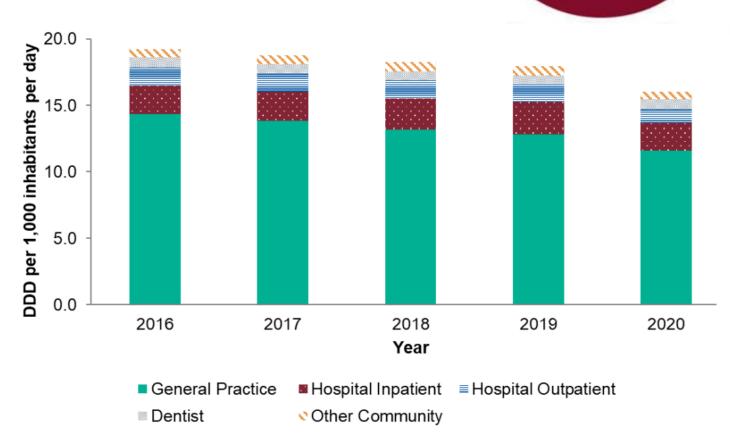
COMBINATION ANTIMICROBIAL THERAPY

INFORMATION TECHNOLOGY TO PROVIDE DECISION SUPPORT AND ENHANCED SURVEILLANCE

ANTIBIOGRAMS - AT PATIENT AND ORGANISATION LEVEL





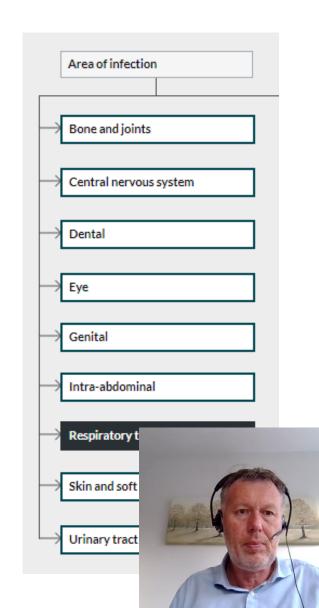




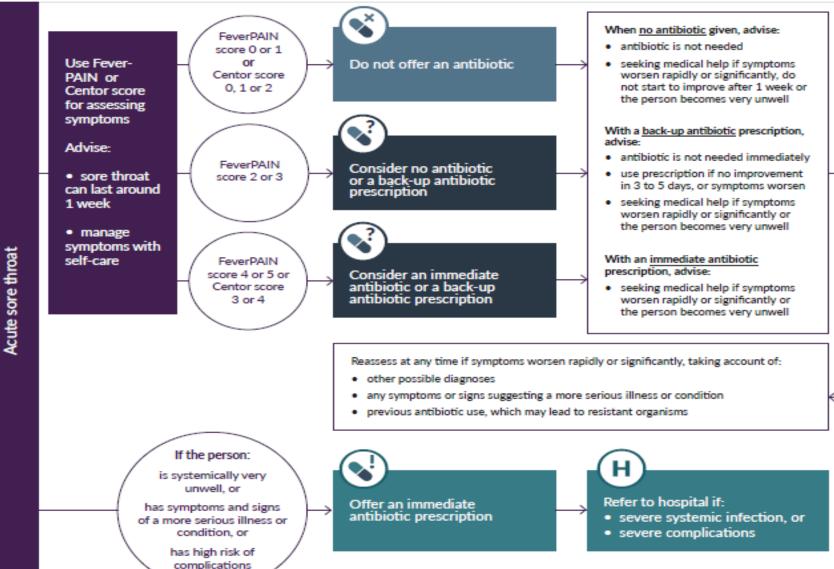


NICE Common Infection Guidelines

- Infection guidelines are being developed for all common infections within primary care and hospitals
- All upper and lower respiratory, urinary tract and skin infections and *C.difficile* have been published.
- Dental & eye infections will soon be published
- Each guideline has a baseline assessment of current practice for hospitals and general practice to complete with an implementation plan
- https://pathways.nice.org.uk/pathways/antimicrobialprescribing-for-common-infections



Sore throat (acute): antimicrobial prescribing NICE National Institute for Excellence





Self-care

- Consider paracetamol for pain or fever, or if preferred and suitable, ibuprofen
- Drink adequate fluids
- Some evidence that medicated lozenges can help reduce pain in adults
- No evidence was found for non-medicated lozenges, mouthwashes, or local anaesthetic mouth spray on its own



Evidence on antibiotics

- Antibiotics make little difference to how long symptoms last or the number of people whose symptoms improve
- Withholding antibiotics is unlikely. to lead to complications
- Possible adverse effects include diarrhoea and nausea



FeverPAIN score

 Fever, Purulence, Attend within 3 days or less, Severely Inflamed tonsils, No cough or coryza 1 point for each



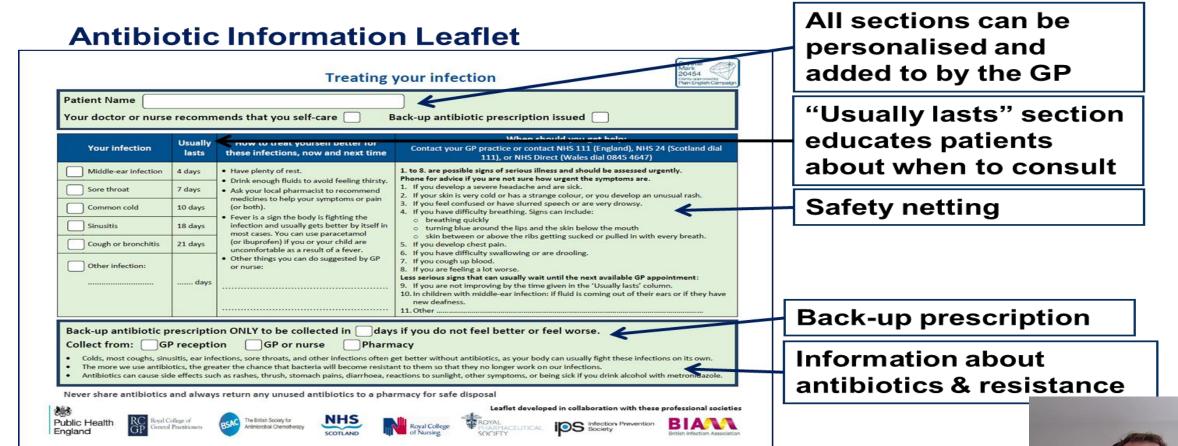
Tonsillar exuda cervical lymph or lymphadeni fever (>38°C). 1 point for each

First publish





RCGP TARGET: patient information leaflet – standard approach for respiratory infections



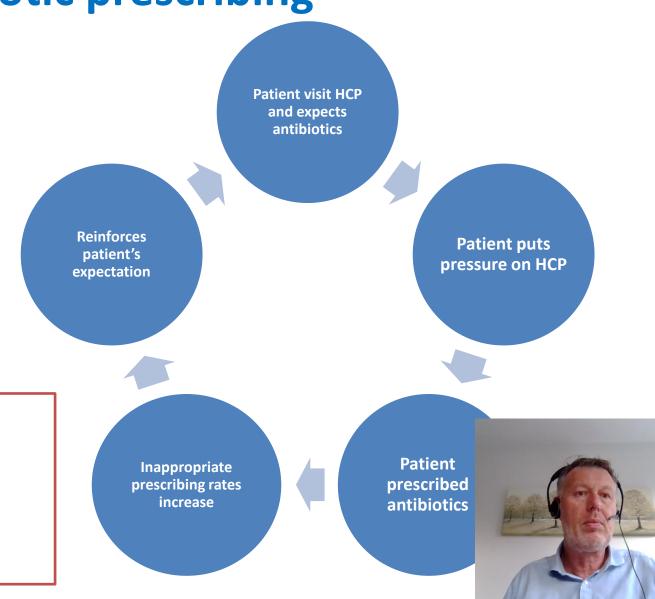
Adapted version for community pharmacists & OOH. Multiple It & pictorial version. UTI version available for GPs & community |

Good self-care advice from community pharmacy can reduce inappropriate antibiotic prescribing

- Acute cough:
 - 41% prescribed vs ideal of 10%
- Bronchitis:
 - 82% prescribed vs ideal of 13%
- Rhinosinusitis:
 - 88% prescribed vs ideal of 11%
- Sore throat:
 - 59% prescribed vs ideal of 13%

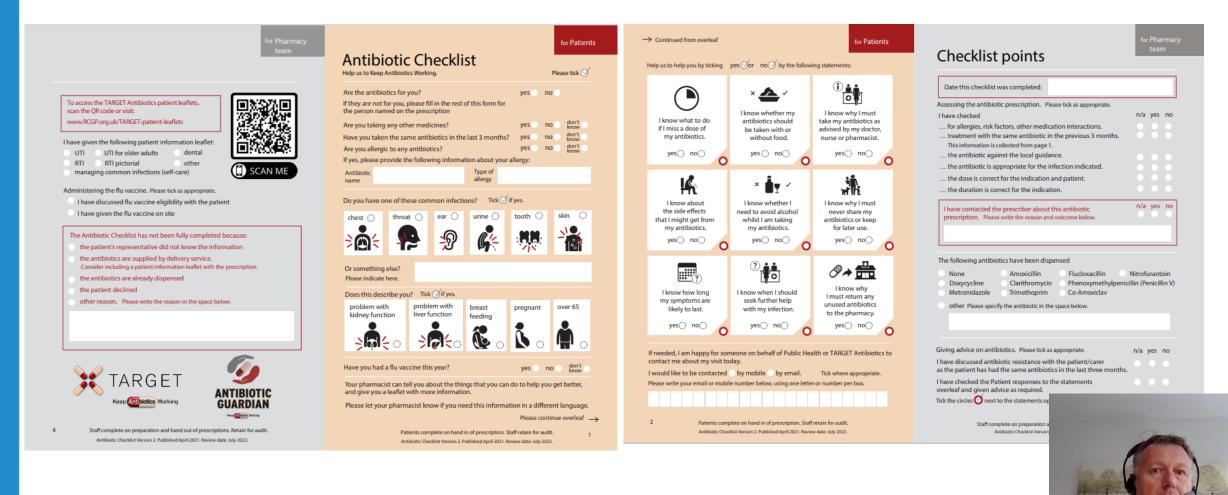
Community pharmacy consultation service

 Referrals from NHS 111 direct to pharmacy & direct from GP





Antibiotic Prescription Checklist in community pharmacy



www.england.nhs.uk/wp-content/uploads/2021/09/Pharmacy-Quality-Scheme-guidance-September-2021-22-Final https://www.rcgp.org.uk/TARGET-patient-leaflets

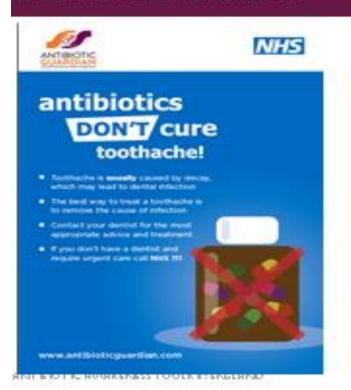
Antibiotics for dental infections

Fear of dentists: pain, smell, etc

NHS dentists: difficult to access so see GP, primary prevention not included

Perverse incentives: same payment for AB Rx and drainage of abscess

RESOURCES: DENTAL TOOLKIT – POSTER AND PATIENT INFORMATION LEAFLET





27%↓ AB Rx from 2014-18



Hospital Antimicrobial Stewardship

Sepsis

ANTIMICROBIAL STEWARDSHIP
Treatment algorithm

Start Smart

Then Focus VAMR

DO NOT START ANTIBIOTICS IN THE ABSENCE OF CLINICAL EVIDENCE OF BACTERIAL INFECTION

- Take thorough drug allergy history
- Initiate prompt effective antibiotic treatment within one hour of diagnosis (or as soon as possible) in patients with severe sepsis or life-threatening infections^α
- Comply with local antimicrobial prescribing guidance
- Document clinical indication (and disease severity if appropriate), dose^g and route[#] on drug chart and in clinical notes
- Include review/stop_date or duration.
- Obtain cultures prior to commencing therapy where possible (but do not delay therapy)

CLINICAL REVIEW & DECISION AT 48-72 HOURS

Clinical review, check microbiology and make a clear plan. Document this decision

- 1. STOP
- 2. IV to oral switch
- 3. Change antibiotic
- 4. Continue
- OPAT*

Document
Decision & Next
Review Date or
Stop Date

DOCUMENT ALL DECI

 In accordance with surviving sepsis patient safety a http://www.england.nhs.uk/wp-content/uploads/2014/ PAccording to weight/age in children refer to local for

*Use appropriate route in line with severity/patient fac
*Outpatient Parenteral Antibiotic Therapy



Improving outcomes from serious infections

- Suspicion of sepsis (SoS) is reason for 25-38% of 1.9m
 emergency admissions each year, and cause of 60% of deaths
 (78% are in people >75 years old & 88% >65 yrs)
- 4 year hospital clinical improvement scheme to improve screening for sepsis and timely treatment with sepsis 6 bundle
 - Screening: from 48% to 87%. Treatment in 60min: from 50% to 80%
 - AB in hospitals: 6%1/year. Antimicrobial stewardship at day 3 review.
 - Mortality rate decreased from 7.6% to 6.7% from sepsis
- NEWS2 (national early warning scores) roll out across contains (ambulance, GPs, hospitals) Speaking same language.



WHO EML Antibiotic AWaRe Lists 2017

Adapt to local AMR patterns: Access 1st & 2nd choice for most

All countries to adapt within 2 years

ACCESS



First and second choice antibiotics for treating the most common infections.

Includes: amoxicillin for pneumonia

WATCH



Antibiotics with higher resistance potential, that should only be prescribed for specific indications.

Includes: ciprofloxacin in the treatment of cystitis

RESERVE



Antibiotics that are last-resort options that should only be used in severe circumstances, when other options have failed.

Includes: colistin and fosfomycin

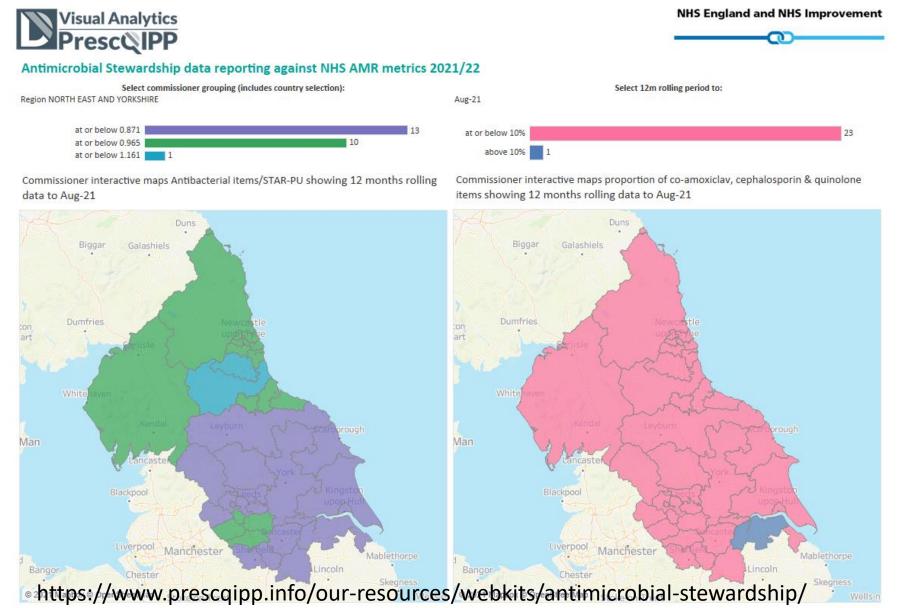
Access list in England: Amoxicillin / ampicillin, Penicillin – all forms, Cotrimoxazole, Doxycycline, Flucloxacillin, Fosfomycin oral, Fusidate, Gentamicin, Metronidazole, Nitrofurantoin, Pivmecillinam, Tetracycline, Trimethoprim. Watch list includes all cefalosporins & fluoroquinolones

AMR NAP 10%↓ wat reserve ar from 2017





Targets to reduce total and broad spectrum antibiotic (<10%) prescribing in primary care

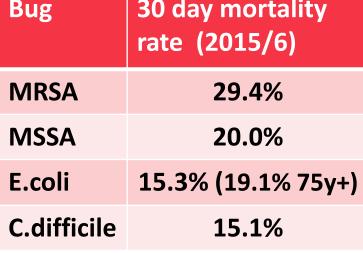






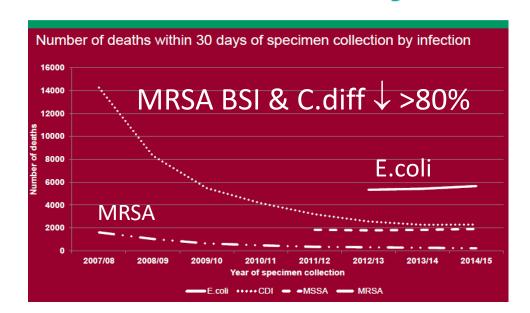
30 day mortality Bug rate (2015/6) **MRSA** 29.4% **MSSA** 20.0% 15.3% (19.1% 75y+) E.coli **C.**difficile 15.1%

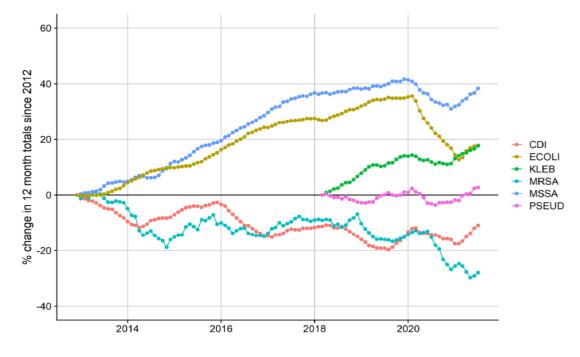
Revised focus on HCAI & GNBSI





Mortality



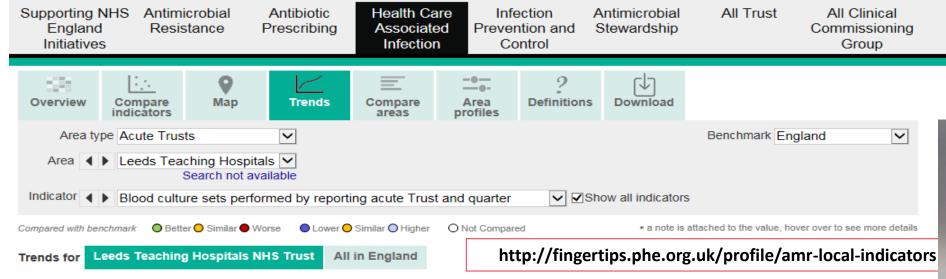


2019-24 AMR NAP focuses on reducing healthcare associate Gram negative blood stream infection to \downarrow by 50%



Single information source updated monthly for AMR & AMU (open access) PHE AMR Fingertips

Domains		No of indicators available at indicated geographies				
	Acute Trust	CCG	GP			
Supporting NHS England initiatives	7	5	-			
Antimicrobial resistance	1	14	-			
Antibiotic prescribing	6	7	4			
Healthcare-associated infections	21	14	-			
Infection prevention and control	4	-	-			
Antimicrobial stewardship	2	1	-			





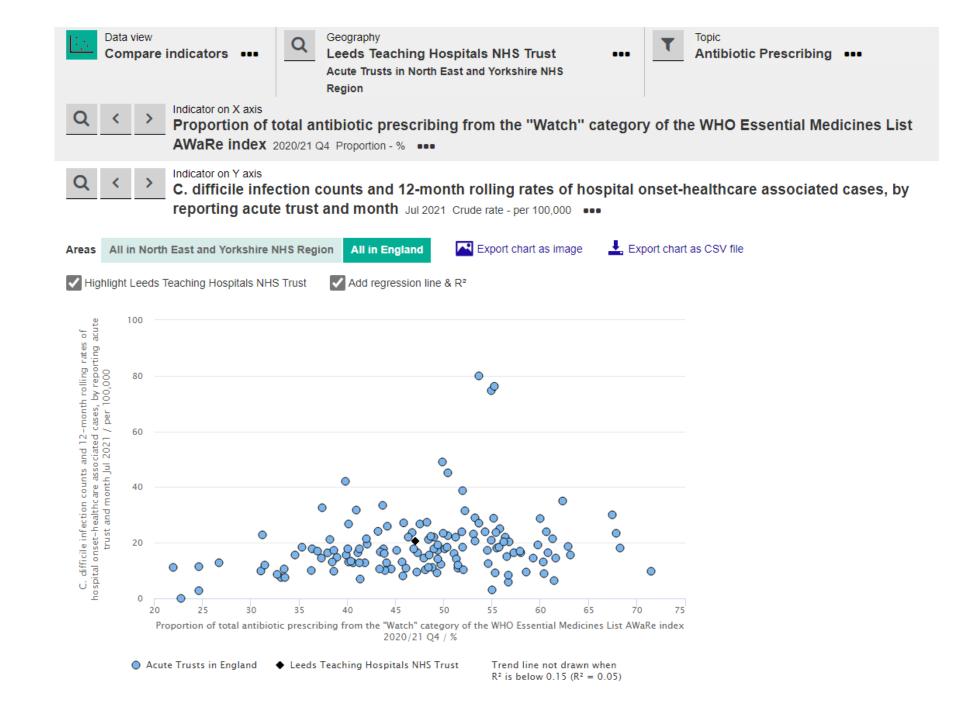


PHE AMR / AMU data to learn from better performing peers eg hospital AB Rx



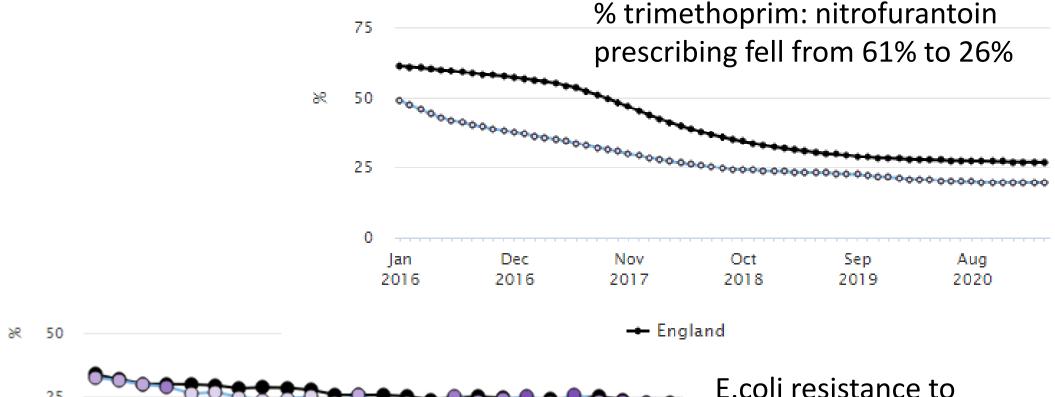
Export table as image Export table as CSV file				Worst/Lowest		25th P6	ercentile 75th Percen	itile Best/Highest	
Indicator	Period	Leeds Teaching Hospitals		NHS region	England		England		
		Count	Value	Value	Value	Worst/ Lowest	Range	e Best/ Highes	
Total antibiotic prescribing DDDs per 1000 admissions; by quarter and trust	2020/21 Q4	203,742	5,875.1	4247.2*	4727.4	37,348.7		1,067	.7
Proportion of total antibiotic prescribing from the "Access" category of the WHO Essential Medicines List AWaRe index; by quarter and acute trust	2020/21 Q4	95,232	46.7%	49.1%*	47.1%	16.5%	Q	76.3	%
Proportion of total antibiotic prescribing from the "Watch" category of the WHO Essential Medicines List AWaRe index	2020/21 Q4	95,841	47.0%	46.3%*	48.4%	71.5%	Þ	22.09	0/
Proportion of total antibiotic prescribing from the "Reserve" category of the WHO Essential Medicines List AWaRe index	2020/21 Q4	12,012	5.9%	4.2%*	3.9%	36.8%			
Carbapenem prescribing DDDs per 1000 admissions; by quarter and acute trust	2020/21 Q4	2,635	76.0	60.5*	83.1	1,353.2	\oint_	400	5

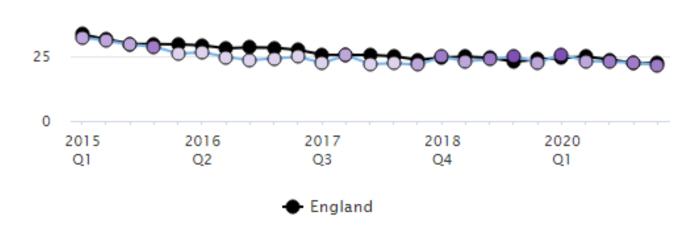






Impact of switching from trimethoprim to nitrofurantoin for lower UTI in the community on E.coli resistance rates





E.coli resistance to trimethoprim fell from 22% to 22% but nitrofurant also continued to fall f 4.5% to 3.0%





Professional education and training:

National Antimicrobial Prescribing & Stewardship Competences

- Each of the **five dimensions** includes statements which describe the activity and outcomes which prescribers should be able to demonstrate.
- 1) Infection prevention and control (5 statements)
- 2) Antimicrobial resistance and antimicrobials (6 statements)
- 3) Prescribing antimicrobials (8 statements)
- 4) Antimicrobial stewardship (8 statements)
- 5) Monitoring and learning (4 statements)



ARHAI

Department of Health

Expert Advisory Committee on Antimicrobial Resistance and Healthcare Associated Infection

Antimicrobial prescribing and stewardship competencies



Introductory e-learning module



An extraordinary project in terms of breadth and skill of content

e-Learning Age -Judges citation Register Log in



Home

Programmes

About

Latest News

Support

Demo

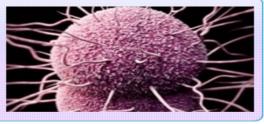
Contact Us

search...



Reducing Antimicrobial Resistance

An e-learning package to support staff in understanding the threats posed by antimicrobial resistance



Menu

- Antimicrobial Resistance
- Meet the team
- Open access session
- How to access

Antimicrobial Resistance

The Reducing Antimicrobial Resistance programme has been designed to support all health and social care staff — both clinical and non-clinical - in a variety of settings to understand the threats posed by antimicrobial resistance, and ways they can help to tackle this major health issue. This programme has been developed by Health Education England in collaboration with Public Health England and NHS England.

Antibiotic (antimicrobial) resistance poses a major threat to everyday life and modern day medicine where lives could be lost as a result of antibiotics not working as they should. All health and social care staff, as well as the public, have a very important role in preserving the power of antibiotics and in controlling and preventing the spread of infections.



Health Education England

Aimed at all HCPs including carers





Keep Antibiotics Working campaign in England on TV & radio & posters / leaflets each winter since 2017



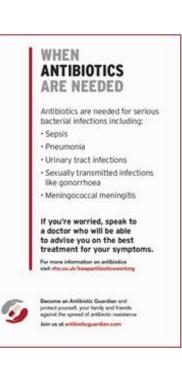
Antibiotic resistance advert - keep antibiotics working and take your doctor's advice

- 78% of public would not ask
 GP for antibiotics
- 93% of GPs helped them say no to antibiotic requests









Taking antibiotics you don't need means they won't be there when you an really need them tomorrow.



harm than good.

We need to act to give heart bypass patients the best chance to get better.

The future of autiliatics is in our have seriously resistant.com

SERIOUSLY.

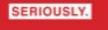
We need to act to make sure cancer treatments continue to work.

The future of autibiotics is in our hands

Seriously Resistant in Leeds

- www.seriouslyresistant.com
- Public facing website AMR info, Q&As (based on info needs), videos
- Pledge hedge & community champions
- Red bags for April in community pharmacies
- Schools campaign
- Council run
- 24000 pledges

Cornwall AMR Group is a OneHealth network including vets and farmers



Always complete a full course of antibiotics, exactly as your doctor has advised. If you stop your treatment early the infection could come back.

The future of authbotics is in our hands seriouslyresistant.com







Resources for schools and children

'SUPERBUGS: JOIN THE FIGHT' SCHOOL PROGRAMME

Raising awareness of antimicrobial resistance in schools across the UK.



- 1. Interactive e-Bug activities (learning phase)
- Microbes
- Spread of infection
- Antibiotics & antibiotic resistance



- 2. Resource development (consolidation phase)
- Poster, Song, video
- Further project in community

A FREE **EDUCATION** RESOURCE

FOR UPPER PRIMARY & LOWER SECONDARY SCHOOLS

Alexander Fleming's death-defying worldly-wonder antibiotic drugs have saved us for the last 90 years. But bacterial resistance is growing, doomsday approaches.

What better way to fight back than with a musical of epic proportions?



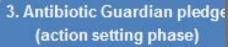








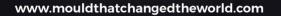




- · Example pledges or make owr
- Encourage friends and family to pledge online







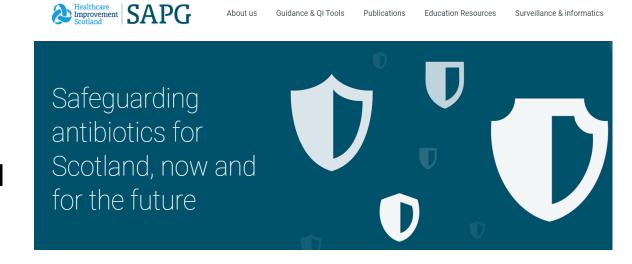




Scottish Antimicrobial Prescribing Group



- Funded as a multidisciplinary national forum in March 2008 by Scottish Government as part of The Scottish Management of Antimicrobial Resistance Action Plan 2008.
- SAPG co-ordinates & delivers a national AMS framework:
 - antibiotic consumption and prescribing guidance
 - resistance surveillance
 - organisational accountability for antimicrobial stewardship
 - antimicrobial prescribing education for healthcare professionals and infection management
- Highly successful model with representation from all 14 Health Boards







www.sapg.scot/



Summary for AMS in UK

- UK 5 year AMR strategies has been a big lever for making improvements quickly
 - Improved open access AMR and usage reporting for UK
 - Setting targets (and seeing early reduction) in antimicrobial usage in primary care and dentistry,
 but not hospital in-patients due to sepsis targets.
 - Little impact on AMR so far, except trimethoprim, but only amoxicillin-clavulanate resistance in E.coli and Kleb pneum. increasing significantly
 - Improved mandatory education strategy for AMR & AMS in all healthcare staff
 - Giving AMS a higher priority alongside IPC
 - Moving the focus away from C.difficile & MRSA towards GNBSI
 - Better patient engagement not to ask for antibiotics from their GP
- Scotland probably has the best model for AMS that demonstrates continuing improvement without using incentive schemes

